



Forchianna

Debbie "Takara" Shelor
The New Dance
Of Energy Healing

Transforming Hearts,
Transforming Lives!



Providing the sacred vibrational keys to a healthier,
happier, more joy-filled life.

"Thanks . . . it's always good to know we are not alone on this amazing, and often very tricky, journey." – Joy, Chicago, IL

In This Catalog:

- Dancing Dolphin Aromatherapy Roll-Ons & Mists – shift your state of being
- Long Distance Energy Healing – blast through whatever keeps you stuck
- Pendulums – enhance your intuition and internal knowing
- Xooma Xtreme X20 – get healthy & lose weight
- The BioElectric Shield – protect yourself from electromagnetics & negativity

www.AbsoluteJoyNow.com

Dancing Dolphin Roll-Ons & Mists

Alchemy for Your Personal Evolution



Each roll-on and mist in the Dancing Dolphin line was designed to assist you in a specific way for **physical, mental, emotional,** and even **spiritual wellbeing.**

Mists are sprayed into a room or above your head so they can “shower” down around you. Roll-ons are **simply rolled on to clean dry skin** on the back of the neck, at pulse points like perfume, or to chakras (energy centers) for particular issues.

They assist you in releasing old stuck energies that no longer serve you, remember who you are, and changing your state of “being.” When you feel one way and you would rather feel another, just roll one on and feel the difference. In practically no time whatsoever these energetically enhanced aromatherapy products help you realign your resonance (emotions) into something more pleasant.

There are lots of great reasons for choosing Dancing Dolphin Roll-Ons and Mists rather than another form of vibrational or alternative methods:

- Unlike many other therapies, there is no expert, machine, or manual required.
- It is easy to discover which essence or essences would be most beneficial for you.
- Results are very fast.
- They work on all levels simultaneously – physical, mental, emotional, and spiritual.
- They are very affordably priced.
- There is no way to use too much.
- There are no known negative side effects.

“. . . (Dancing Dolphin Essences) **assist you in holding the frequency you desire.** For example, in using **Inner Peace** during a time of stress dealing with death, moving, and relationship changes, Inner Peace has assisted me in experiencing and holding an Inner Peace within myself and therefore outside myself – no matter what is occurring around me. And other people feel the vibrations that I hold and much more love, peace, compassion, joy, and harmony is happening among us all. The essences are truly a blessing and of the Divine vibration of love!” – *Amanda Butler, Detroit, MI*

Takara created specific roll-ons to help with everyday challenges. Regardless of what you are facing, **there is a Dancing Dolphin Roll-On designed to assist.** If you are a bit stressed, why not feel **Inner Peace** instead. If you are feeling physically or emotionally challenged, **Thrive** will get you back on track. For any type of physical discomfort, **Aah!** is the soothing balm you’ve been waiting for. Having trouble sleeping, **Sweet Dreams** to the rescue. And there are many more designed to brighten and enrich your day.

Other Dancing Dolphin products facilitate personal growth and enlightenment. Essences are available to help you move forward from your past, get over your fears, blast through personal blocks, connect more fully with the Divine, and much more.

"As a facilitator of high vibrational energetic workshops, I often encourage the usage of the Dancing Dolphin Essences. The **vibrational shifts are eased and enhanced**. I highly recommend these essences." – *Shikiah, Colorado*

Aromatherapy, flower essences, gem essences, and hands on healing have been used to **facilitate healing** for thousands of years. These forms of energy healing has been used by physicians, healers, and shaman for centuries to restore a person's health, balance, and connection with Creator. They are **medically proven** and are currently used in private homes as well as state of the art medical and holistic facilities throughout the world.

Dancing Dolphin products contain one or more flower, crystal, gem, number, realm, element, or goddess energy essences plus. They are further infused with sacred sound and dolphin healing energy. The energetics are locked into place inside a very powerful multi-layered crystal/gem and sacred geometric grid system. Takara personally upgrades each essence using her priority process and infuses each with Divine healing light that channels through her directly. In the world of energy healing. they are completely unique. They provide nurturing, loving support while being extremely powerful and effective at the same time. Most people can feel a difference within the first few minutes.

60 Day Full Money Back Guarantee:

If you are ever dissatisfied for any reason with any Dancing Dolphin Product, simply return the unused portion for your money back.

The luscious base of each Dancing Dolphin Roll-On is made from all **organic oils** of **fractionated coconut, jojoba, and red raspberry seed**. The heavenly aroma comes from the **finest therapeutic quality essential oils**. The roll-on applicator bottle is convenient enough to take with you anywhere. All natural plant-based ingredients. No animal testing.

"These are the most powerful essences that I have ever worked with."

- *Amber, Stone Haven Nature Retreat & Healing Center, British Columbia, Canada*

All orders come with an instruction sheet with suggested application methods & locations.

Dancing Dolphin Aromatherapy Roll-Ons



Dancing Dolphin Roll-Ons and Mists are organized in groups based on their purpose and the assistance they provide: everyday challenges, emotional shifts, personal transformation, meditation, Divine connection, aspects of life, practitioner / channel support, and misc.

<http://www.dancing-dolphin-essences.com/Roll-On.htm>

www.AbsoluteJoyNow.com,

Products & Prices subject to change

www.Dancing-Dolphin-Essences.com,

Catalog Update 3/10/12



Dancing Dolphin Roll-Ons & Mists

At a Glance

Alchemy for Your Personal Evolution!

EVERYDAY CHALLENGES	DIVINE CONNECTION
Aah! – for physical discomfort / pain	Crown of Glory – clear & protect the connection
Beyond Addiction – addiction help	Divine Love – greatest power in the universe
Bliss – sadness, loss of hope	Gratitude – thankfulness about everything
Inner Peace – stress and tension	Harmonize – aligning body, mind, and soul
Relax – calm down, chill out, relax	Reconnection – strengthen Divine connection
Sweet Dreams – help sleeping	Surrender – to higher wisdom
Thrive – physical, mental, emotional challenges	
Vitality – tiredness and exhaustion	PRACTITIONER/CHANNEL SUPPORT
	After Care – follow up for energy work
EMOTIONAL SHIFTS	Clear Channel – for a pristine connection
All Is Well – everything is going to be all right	Grounding – to help anchor and ground
Chill – for anger	Protection – from energetics you don't want
Happiness – when you are feeling down	
Inner Peace – when you are feeling stressed	A-TONE-MENT
	Body –align, balance the body
PERSONAL TRANSFORMATION	Mind – align, balance the mind/emotions
Break Through – blasting through stuck issues	Soul –align, balance the soul / spiritual aspect of self
Clearing – physical / emotional blocks	
Diamond Brilliance – radiating light	MISC
Fear Buster – when fear is stopping you	Creativity – assists creative flow
Finally Free – moving beyond your past	Focus – concentration and focus
Forgiveness – necessary to heal anything	Joyful Gems – holds you locked into a vibration
Inner Child – painful memories of the past	Mature Woman – ease emotions of menopause
Liquid Light – raises the vibration of everything	Sunshine – for sun deprivation, clearing
Phoenix Rising – being reborn into the new you	Young Man – ease emotions of puberty
Platinum Principle – harmonization with all	Young Woman – ease emotions of puberty
Point of Origin – getting to the root cause	
Purity of Essence – before you were tainted	REALM ESSENCES
Reclaiming Power – confidence, clarity, truth	Camelot – adds magic & flow to life
Release – whatever you are holding on to	Dancing Dolphin - a very joyful energy
Violet Flame – healing transforming fire	Faerie – for physical healing & manifestation
	Horse – business success, being unstoppable
MEDITATION	Mer – deep and mysterious aspects of self
Grounding – if you feel spacey / ungrounded	Whale – wisdom, depth of understanding
Meditation – to deepen and enhance each experience	
Protection – from energetics you don't want	MISTS
Quiet Place Within – when you can't meditate	All is Well – everything is going to be all right
Shaman's Dream – more vivid experiences	Completion – seals & integrates change
	Essence of Camelot – magic and flow in life
ASPECTS OF LIFE	Goddess – a rebirth of the feminine
Divine Partnership – harmony with others	Heavenly Bliss – uplifts everything
Happiness – having more	Liquid Light Mist – raises the vibration of everything
Health – resonating with health	Pristine Clearing Mist – total clearing
Love – resonating with love	Violet Flame – healing transforming fire
Wealth – resonating with wealth	Vitality – a pick me up

~~ EVERYDAY CHALLENGES ~~

Aah! - Made with helichrysum. When you are experiencing physical discomfort or pain. Aromatherapists adore the essential oil made from this plant. Takara raised some organically and made it into an essence. We've personally used it with great success to relieve low back pain, menstrual discomfort, even migraines. One of our customers rubs it on the bottom of her feet before standing for hours. She swears by it. It's an essence that many customers love. We chose the name by saying "Aaaaah that feels better" after using it. Frankincense aromatherapy.

Beyond Addiction – An alchemical blend of energies. When you are ready to let go of your addictions to coffee, cigarettes, chocolate, sex, abusive relationships, drama, or anything else, this essence is there to assist. Use twice a day on all energy centers (chakras), plus anytime you are experiencing a “craving.” A blend of essential oils.

Bliss – An alchemical blend of energies. It offers bliss. Rapture. Be enveloped in radiant light. An outrageously euphoric uplifting feeling. It helps you to savor each moment, glorify in the magnificence of who you are and how your life is. It is union and oneness of body, mind, and soul. The feeling is both intoxicating and exhilarating. Rose Geranium aromatherapy.

Inner Peace – Made with Alpine Smelowskia. The stress buster. This is the one essence we wouldn't go anywhere without. Regardless of the circumstance, this essence assists you in staying centered, balanced, and at peace. Perfect for crisis or stress for adults and children. Lavender aromatherapy.

Relax - An alchemical blend of energies. One of the primary reasons people visit a spa or massage therapist. Very powerful and deeply relaxing. Experience complete tranquility. Don't try to drive while using this one. My son actually prefers this essence for helping to fall asleep. Exceedingly relaxing. Sandalwood aromatherapy.

Sweet Dreams – An alchemical blend of energies. When you are having trouble sleeping. Assists in falling asleep, having a more peaceful rest, and relaxing the body. Releases physical tensions. Helps with anxiety and insomnia. Also for releasing nightmares. This blend was recently upgraded and enhanced.

Thrive – Made with Prickly Pear Cactus ~ When you are experiencing physical, mental or emotional hardship or challenge – having to work long hours, deal with difficult people, do hard physical labor, etc. Your challenges could be with a particular person or situation, with your health, your career, your finances, your relationships, or something else. If you feel like you are striving or barely surviving, this one is for you. Helps you and your body adjust to any adverse circumstance. Great when you need an altitude adjustment ~ attempting to acclimate to high elevation. This essence reminds Takara of the scene in Caddy Shack when the little critter comes out of the hole after the entire golf course has been blown to bits and starts dancing to "I'm all right." You will feel that way too. Spice blend aromatherapy.

Vitality – An alchemical blend of energies. A little pick me up whenever you need it - to feel more vibrantly alive and awake, less tired or worn out. It is not intended as a sleep substitute. Use it in conjunction with a healthy diet, plenty of water, rest, & exercise. Takara loves it in the middle of the

afternoon. Enhances vital life force or Chi. Gets this energy (chi) moving through your body. Assists in opening up the meridians to flow as they should. Takara also highly recommends Xooma Xtreme X2O water enhancement – available at www.DolphinEmpowerment.com. (Also available as a Mist.)

"The first essences I have ever used that **had a noticeable effect!** Great! Thank You." - *Bart Zimmerman*

~~ EMOTIONAL SHIFTS ~~

All is Well - An alchemical blend of energies. When things are just going awry and you are really "off," this one helps you to re-center and know that all is as it should be. Like a bit of tranquility just washing over you.

Chill – An alchemical blend of energies. For anger management. When you can't seem to get a handle on your anger or level of upset. Not intended to replace therapy. Point of Origin and Forgiveness are also recommended.

Happiness – An alchemical blend of energies. When you feel sad and unhappy. The name says it all. Happy. Light. Joyful. Part of the Law of Attraction Kit. To draw into your life the things that you desire, you have to come into vibrational harmony with those things. This essence assists. Spice Blend aromatherapy.

Inner Peace – Made with Alpine Smelowskia. The stress buster. When you feel jittery, uptight, upset, stressed, bent out of shape over something. This is the one essence we wouldn't go anywhere without. Regardless of the circumstance, this essence assists you in staying centered, balanced, and at peace. Perfect for crisis or stress for adults and children. Lavender aromatherapy.

~~ PERSONAL TRANSFORMATION ~~

Break Through – An alchemical blend of energies. For issues that you just can't seem to blast through any other way. A great way to begin a session or when you are holding the intention of transformation from a fear or block into something else. Frankinsense aromatherapy.

Clearing - An alchemical blend of energies. Assists in the release of blockages in the physical, mental, emotional, and other subtle bodies. Allows you to gently and comfortably purify your body, mind, emotions, and spirit. Anytime you feel sluggish, congested, or stuck, it helps bring you into a more loving and purified place. This is an upgrade from the previous essence Purity. Also check out Pristine Clearing Mist.

Diamond Brilliance - I've been personally working with the diamonds used in this essence for a long time. It is about becoming radiant and shining the Light forth. It was made during an 8:8 Lions Gate planetary gateway. Lavender aromatherapy.

Fear Buster - An alchemical blend of energies. Anytime you are facing fear or you need to move forward and can't seem to, this is the perfect choice. Frankincense aromatherapy.

Finally Free – A powerful alchemical blend that includes Mountain Laurel and much more. Do you feel trapped by your past? Unable to move forward? Stuck? Finally Free is about freeing yourself from limitations of all kinds - to achieve your dreams, to move forward as never before. It helps you unbind your wings and fly. This is a very powerful essence. Helps in letting go of, and resolving, issues from the past - including current and past lives. Assists in healing karmic issues and repatterning. Can be used as an alternate to the Healing the Past Essence.

Forgiveness - An alchemical blend of energies. Assists in the forgiveness of self and others - an extremely powerful essence. Forgiveness is often a key ingredient in healing any issues you have whether in health, finance, relationships, career, or something else. Takara recommends that everyone go through an entire bottle of Forgiveness at least once.

". . . this very, very powerful essence has truly made a profound change in my spirit. It has **helped me "SEE" a part of me that I could not see before**. I am an intuitive on many levels, but I don't generally consider myself clairvoyant...that is not MY "clair" if you will! But from the first moment of application of **Finally Free** I began to be a more visual reader. In general it has opened me up in a sensory way - not only with my clients - not only on an everyday level (touch, sound, smell etc.), but on a deeper "who am I and what are my TRUE desires" sort of way. With it's regular use (usually during sessions with my clients and in my personal meditations) I have found that **my life and my world has opened up in ways I could not have imagined!** Pieces of my life have fallen into place and bits of myself have returned that I thought may have been lost forever. What was lost is now found, and what was in turmoil is on it's way to peace, freedom and the way of the light...thank you my dear, talented and enlightened friend for creating this and helping me find the pieces again."
- Julie Bynum, Reiki Master and Intuitive Medium, Charlotte, NC

Inner Child - An alchemical blend of energies. Assists in answering the question: "How can I bring the innocence of the child back within?" This is a sweet essence. It is designed to help discover and release childhood wounds. Helps to connect back into the innocence and playfulness of the child. Also helps bring aspects of the child that have been lost back in - similar to soul retrieval. The wounded child will feel safe with this essence. A fabulous essence for therapists to use with their clients who have wounded inner child issues. (Takara also has a very effective meditation that lets the inner child feel safe. When the inner child feels safe, it lets you access the memories and issues that need to be worked with. Otherwise, it locks things down like a vault and it is difficult to penetrate that. Available in her program Freeway to Freedom.)

Liquid Light – An alchemical blend of energies. Raises the vibration of everything. Bask in divine light.

Phoenix Rising - An alchemical blend of energies. As the name implies, this one is for those who have gone through the fire, done a great deal of work on themselves, and are literally rising again, being reborn. This one is intended for people who have done a great deal of healing themselves and work with higher frequencies.

Platinum Principle - An alchemical blend of energies. A powerful energy Takara works with - the platform from which all her new teachings come from. This essence harmonizes everything. I know you will love it. It is about going beyond duality.

Point of Origin - An alchemical blend of energies. Helps you discover and deal with the root cause of "it" at the cellular, DNA, adamantite particle level - whatever type of issue "it" is. Helps you really get to the bottom of truly pesky issues that you can't seem to get rid of. Use the essence while you journal / meditate on the issue. Perfect for what Takara calls phantom pain – often a past life memory trace. A sudden sharp pain that just won't go away and doesn't have an obvious cause – sometimes suddenly triggered by a person or part of the world. Rub this oil right on the location of the discomfort (assuming there is no sensitive or broken skin in that area) and it will go right to the root of what caused it. In many cases, the discomfort will cease and rarely return. Not for “real” physical conditions. Definitely not intended to replace professional medical care.

Purity of Essence – Made from the Dogwood trees blooming in the spring. Return to the purity of who you are. Reestablish the innocence, faith, hope, and love that are your divine birthright. Align with who you were before you were tainted by life's trauma drama moments, unkindness, and disempowering words or actions by others. Strongly aligned with the Christ energy, the newness of being reborn.

Reclaiming Power – Made with Rose Essence. When you feel the need to stand in your truth, learn to love yourself more, or are faced with a significant challenge including with health, this essence helps you to reclaim your power so you can face each experience from a more centered place of wisdom instead of from a place of fear. Most people are in desperate need of reclaiming their power – women in particular. Spice Blend aromatherapy.

Release - An alchemical blend of energies. Assists in letting go of long held issues, traumas, etc. Great before or at the beginning of a healing session. It is a great essence to take prior to energy work, as you are processing and releasing anything, prior to an initiation or upgrade in energy of any kind. Takara often insists that her clients use Release for 3 days before doing a long distance session.

Violet Flame - An alchemical blend of energies. Transformation, transmutation, burning up the lower frequency things like fear that no longer serve you, significantly raising your vibration in order to access higher wisdom, seeing things from a new and broader perspective, and much more. It is the true alchemy the ancients sought. Not the financial wealth of turning lead into gold, but the true wealth of turning the lead of your constricted, dense, lower, fear-based existence into the gold of expansion, enlightenment, love, and peace because of true connection with Source. Violet light is very powerful as a healing energy and as an enlightenment energy. Uses Lavender (violet) aromatherapy.

“I think these essences are amazing. **I want to give one to everyone I know.** I can't wait to get the next one. Takara, you are truly gifted and we are so glad to have found you.” – Yvette S., Virginia

~~ MEDITATION ~~

Grounding - Feel more grounded, centered, and solid. When you feel spacy or light headed or scattered. Perfect for those who go very deep in meditation and need to "come back here" when they are done. An alchemical blend of 3 powerful crystals - apache tear, hematite, and black kyanite. Frankincense aromatherapy.

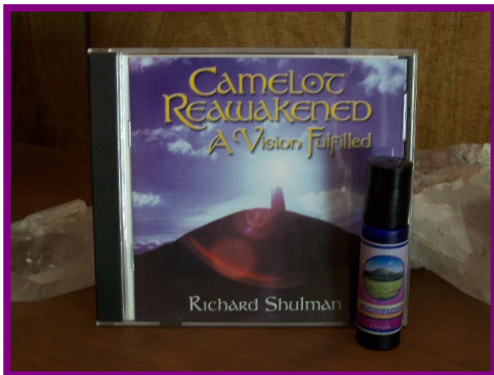
Protection - An alchemical blend of energies. Helps shield you from the bombardment of negative frequencies that often adversely affect your health, mental state, and level of energy. Use along with the other techniques you use for protecting yourself. Also assists in the protection process while in a trance state. Spice blend aromatherapy. Takara also highly recommends a BioElectric Shield.- available at www.DolphinEmpowerment.com/bioelectricshield.htm.

Quiet Place Within - Assists in answering the question: "How can I access that place within myself of inner silence and knowing? Extremely helpful for meditation. Good for focusing and calming the mind. Good for anyone who has trouble meditating. It helps calm the mind to make meditation easier. It slows down the nervous system and the brainwaves enough that you can access a deeper level of meditation - a slower brainwave. Aids in listening and receiving clear information, which allows you to make better decisions.

Shaman's Dream - An alchemical blend of energies. The perfect accompaniment to a Shamanic journey, guided meditation, or other trance-like state intended to access higher dimensional information and assistance. Makes for easier access and a more vivid experience.

~~ REALM ESSENCES ~~ <http://www.dancing-dolphin-essences.com/Realms.htm>

Dancing Dolphin - Made from the dancing dolphin flower and a blend of essences that assists in answering the question: "How can I bring more joy into my life?" "How may I open my heart?" Aids in achieving a deep connection with dolphins. Assists with living fully in the present moment. Brings in joy, love, and playfulness. Actually creates a field within you of being in the present moment, of being in joy, of being love. It helps you totally accept who you are. It can actually accelerate your reaching higher levels. Spice Blend aromatherapy. (This is an upgrade and enhancement to the previous Dolphin Connection essence.)



The Essence of Camelot - made with a Blue Calcinega crystal and infused with the mystical sounds of Richard Shulman's Camelot Reawakened. The dream of Heaven on Earth, that flowered for a time in Camelot and has continued to grow in the hearts and minds of many. Assists in accessing the mystical, magical realm of Camelot / Avalon. Makes everything easier and more magical. Definitely assists in making your life flow better and with more harmony. Great at harmonizing groups of people so that they work better together. A sweet uplifted feeling. Spice Blend aromatherapy.

The Essence of Faerie - Made with the magical Spirit Quartz. Assists in connecting with faeries, nature, and the playfulness, joy, mischief, creativity, co-creation, healing, and light that is their realm. Helps you become conscious of the faerie realm and to work with them in a harmonious and joyful way. Spice Blend aromatherapy.

The Essence of Horse - A majestic, powerful creature. This essence was made in the field where a new foal had just been born. It also contains the energy of the winged ones. When you want to feel powerful and majestic and very connected to nature and the earth. A great essence for success.

Essence of Camelot assists everything in your life to flow better and Essence of Horse helps you align with success.

The Essence of Mer - Made with ancient shells, larimar stones, Lemurian seed crystals, and other powerful energies for you to connect deeply with the energy of Mer - Lemuria, mer men and woman, the depths of the ocean gods and goddesses and the wisdom and magic they bring, all the creatures of the sea. If you feel stuck, then this essence will greatly enhance the "fluidity" in your life.

The Essence of Whale – Another powerful energy from the sea. Whales are the most ancient and wise of creatures. They offer a doorway into the soul of the world and into the Akashic records (history of this world). If you are seeking true wisdom, they offer very wise counsel. Their songs bring harmony to 80% of our world – the oceans.

~~ DIVINE CONNECTION ~~

Divine Love – An alchemical blend of energies. According to my dear soul sister, Millie Stefani, “love is in there.” She says this essence actually has consciousness. It is actually pulsing. She called it Victory – victory over fear and limitation. Takara calls it Divine Love. Love heals everything. It is the greatest power in the Universe. And Takara has put some of it in a bottle for you. When you put some on - energy centers (chakras) and the back of your neck, you will experience the most peaceful wonderful feeling.

Gratitude - An alchemical blend of energies. Assists in remembering and feeling truly thankful and blessed. The only way to create the life you desire is by being in a happy, joy-filled place emotionally. The fastest way to switch into joy is to be in gratitude. These two – forgiveness and gratitude – work very well together.

Harmonize - An alchemical blend of energies. Helps you to be in harmony, balance, and alignment physically, mentally, emotionally, and spiritually. Spice blend aromatherapy.

Reconnection – An alchemical blend of energies. The name says it all. Reconnecting with God (by whatever name), your Divine Self, your Higher Self, your God Self. Re-establishing your truth. Strengthening your connection to higher consciousness and your true mission and purpose in being here.

Secret of Success – An alchemical blend of energies. Designed for those wishing to be more successful, particularly in business.

Sensuality – Helps you to savor each moment. Also wonderful to enhance intimate encounters.

Surrender - An alchemical blend of energies. Assists with the courage to trust, have faith, believe and dare to hope again. Helps you to turn over your cares to the Divine. Relieve yourself of your burdens and let the legions waiting in the wings to help you come forth. Helps you work with all the other realms including angels. So many people give and give and give and yet have no idea how to receive. Many people also think they have to do it all themselves, figure out the “hows” of things. When true fluidity and grace comes from surrendering to the Divine.

~~ ASPECTS OF LIFE ~~

Crown of Glory – An alchemical blend of energies. A fabulous essence for protection and enhancement of your Divine connection. Diamond / Sapphire protection for the upper chakras.

Divine Partnership – Assists in not only improving all relationships, but in attracting a Divine partner.

The blends for Crown of Glory and Divine Partnership were both designed by Takara’s dear friend and flower essence master, David Jonas. All other blends are Takara’s creation.

Happiness – An alchemical blend of energies. When you feel sad and unhappy. The name says it all. Happy. Light. Joyful. Part of the Law of Attraction Kit. To draw into your life the things that you desire, you have to come into vibrational harmony with those things. This essence assists. Spice Blend aromatherapy.

Health - An alchemical blend of energies. To help you come into vibrational harmony with health and draw more of it into your life. Part of the Law of Attraction Kit. To draw into your life the things that you desire, you have to come into vibrational harmony with those things. This essence assists you to come into vibrational harmony with Health. This essence replaces the older essence Body Boost.

Love - An alchemical blend of energies. To help you come into vibrational harmony with love and romance and draw more of it into your life. Part of the Law of Attraction Kit. To draw into your life the things that you desire, you have to come into vibrational harmony with those things. This essence assists you to come into vibrational harmony with Love. Use this together with Forgiveness or Divine Love.

Wealth - An alchemical blend of energies. To help you come into vibrational harmony with wealth, money, and a better relationship with your finances. Part of the Law of Attraction Kit. To draw into your life the things that you desire, you have to come into vibrational harmony with those things. This essence assists you to come into vibrational harmony with Wealth.

~~ CHANNEL / PRACTITIONER SUPPORT ~~

Channels are people who tap into higher wisdom or energies and bring them into this realm. Examples include energy healers, ministers and other speakers, trance mediums, writers, musicians, artists, etc.

A practitioner is someone who works one on one with people. Some examples are chiropractors, energy healers, massage therapists, even business coaches. If you don't have a license to touch people in your work, you can use the mists and/or have the client apply it themselves.

Preparing for the session - Begin a session with Pristine Clearing Mist, Clearing, or Release.

Doing the Session – Use any of the essences from Everyday Challenges, Emotional Shifts, Divine Connection, or Personal Transformation – depending on the needs of your client.

Completing the Session – Use Completion Mist, Grounding if necessary. Send the client home with After Care and any of the energies you worked with during the session.

After Care – An alchemical blend of energies. For magnification and integration of personal growth, personal change, spiritual growth, and energy healing experiences. Perfect after a session - massage, energy, chiropractic, anything. The perfect essence to send home with clients. Many of Takara's long distance clients use this essence after doing a long distance session with her.

Clear Channel - An alchemical blend of energies. Assists with making a strong, clear connection with higher wisdom for channeling, healing, or prayer. Takara works with many psychics, channels, and others bringing in frequencies from other realms. The common complaint is that they are all being "fried" from the inside out. Unless they have done a ton of work on themselves, raised their vibration, purified themselves body, mind, and soul, there is a great deal of "resistance" in their nervous system between their energy and the energy they are channeling. This causes stress and premature aging. Takara developed a method to "cool down" and heal this problem. She made this essence to help those who couldn't work with her directly for assistance. Contains the platinum ray so the body can better handle higher frequencies.

Grounding - An alchemical blend of energies. Feel more grounded, centered, and solid. When you feel spacy or light headed or scattered. Perfect for those who go very deep in meditation and need to "come back here" when they are done. Created through a synergistic blend of 3 powerful crystals - apache tear, hematite, and black kyanite. Frankincense aromatherapy.

Diamond Protection - An alchemical blend of energies. Helps shield you from the bombardment of negative frequencies that often adversely affect your health, mental state, and level of energy. Use along with the other techniques you use for protecting yourself. Also assists in the protection process while in a trance state. Spice blend aromatherapy. Takara also highly recommends a [BioElectric Shield for electromagnetic radiation protection](#).

~~ A-TONE-MENT ~~

For those who just want to keep it simple. By request, we have Body, Mind, and Soul. They are all enhanced with rose aromatherapy.

Body – An alchemical blend of energies. To work with the physical aspects of life – healing, aligning, and balancing the body.

Mind – An alchemical blend of energies. To work with the mental and emotional aspects of life – healing, aligning, and balancing the mind and emotions.

Spirit – An alchemical blend of energies. To work with the spiritual aspects of life – healing, aligning, and balancing the spirit.

~~ MISC. ~~

Creativity - An alchemical blend of energies. For anyone wishing to bring out more of their innate creativity, to expand beyond their self imposed boundaries in work, life, love, and creative endeavors. Great for writer's block and other blocks in creative flow. Spice Blend aromatherapy.

Dolphin Birth – An alchemical blend of energies. Designed to assist in the birthing process.

Focus - An alchemical blend of energies. Enhances your ability to concentrate and focus. Great for adults and children. Spice Blend aromatherapy.

Joyful Gems - An alchemical blend of energies. Combination of gems to help you stop taking on other people's "stuff." Keeps you fully anchored into who you are in your total magnificence. Helps keep all your bodies aligned with your higher aspects of self. For people exhibiting more crystalline energetics.

Mature Woman - An alchemical blend of energies. Assists in balancing and harmonizing the mature woman who's hormones are shifting. Helps with mood swings.

Sunshine – An alchemical blend of energies. For those who need the sun and aren't getting enough. Also fabulous for people who tend to pick up and take on the emotions of others. Some people behave like a crystal that absorbs energy and needs to be cleared in the sun. This essence helps you do that. Designed to work together with Joyful Gems (above).

Young Man - An alchemical blend of energies. Assists in balancing and harmonizing the young man whose hormones are shifting. Helps with mood swings.

Young Woman - An alchemical blend of energies. Assists in balancing and harmonizing the young woman whose hormones are shifting. Helps with mood swings.

~~ AROMATHERAPY MISTS ~~

<http://www.dancing-dolphin-essences.com/Aromatherapy-Mists-Sprays.htm>



Dancing Dolphin Aromatherapy uplifts the energy in your own energy field or your home. They are also great in the car or at work. Spray around your house or into the air right above your head. You are then "showered" with a very subtle aroma and the energetics necessary to perform the function of the mist - clearing, energizing, and so forth. Mists are wonderful 2 oz. sprays that you can use anywhere. They are made up of sacred water infused with a host of Dancing Dolphin Essences and other energetics, plus the wonderful light aroma of the finest essential oils. *(Not recommended on things that can experience damage from water or essential oils.)*

All is Well - An alchemical blend of energies. When things are just going awry and you are really "off," this one helps you to re-center and know that all is as it should be. Like a bit of tranquility just washing over you.

Completion Mist - An alchemical blend of energies. Perfect for practitioners and anyone doing "sessions" for themselves or others to complete things when it is done. This energy helps to anchor in the changes and integrate them into your life.

The Essence of Camelot - Made with Blue Calcinega and infused with the mystical sounds of Richard Shulman's Camelot Reawakened. The dream of Heaven on Earth, that flowered for a time in Camelot and has continued to grow in the hearts and minds of many. Assists in accessing the mystical, magical realm of Camelot / Avalon. Makes everything easier and more magical. Definitely assists in making your life flow better and with more harmony. Great at harmonizing groups of people so that they work better together. A sweet uplifted feeling. Spice Blend aromatherapy.

Goddess – An alchemical blend of energies. A powerful blend designed to assist you in honoring and experiencing the Divine Feminine in your life.

Heavenly Bliss - An alchemical blend of energies. Just like the name sounds. A very uplifting, joy filled energy. Great after you've first used Pristine Clearing Mist.

Liquid Light Mist – An alchemical blend of energies. Raises the vibration of everything. All the Dancing Dolphin Essences have been described as "Liquid Light." This one truly is.

Pristine Clearing Mist - An alchemical blend of energies. Hands down the best method Takara has ever experienced, or developed, for clearing negative energy. Great for your energy field, your home, your office, your clients before a session. It works beautifully to clear crystals. (Again do not spray on anything that can be damaged by water or essential oils.)

Violet Flame - An alchemical blend of energies. Transformation, transmutation, burning up the lower frequency things like fear that no longer serve you, significantly raising your vibration in order to access higher wisdom, seeing things from a new and broader perspective, and much more. It is the

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true alchemy the ancients sought. Not the financial wealth of turning lead into gold, but the true wealth of turning the lead of your constricted, dense, lower, fear-based existence into the gold of expansion, enlightenment, love, and peace because of true connection with Source. Violet light is very powerful as a healing energy and as an enlightenment energy. Uses Lavender (violet) aromatherapy.

Vitality - An alchemical blend of energies. Just like the roll on - helps you feel more energized and awake. Great as a pick me up at work or any time you are feeling tired, but need to stay awake and focused.

Visit the website <http://www.dancing-dolphin-essences.com> for the latest essences, fuller descriptions, and numerous additional essences.

The Essence of Sound

Infused with the Sacred Healing Sounds of Jonathan Goldman

From individuals in private homes to state-of-the art medical facilities, people the world over are discovering the powerful benefits of **sound healing** and **flower and gem essence therapy**. Now Dancing Dolphin Essences has taken these vibrational healing methods to an entirely new level by synergistically/alchemically combining them together along with therapeutic quality essential oils. There is literally nothing else like them.

Sound Healing Pioneer, **Jonathan Goldman**, has teamed up with Takara of Dancing Dolphin Essences to bring you **The Essence of Sound**. Through a revolutionary process developed by Takara, they have successfully captured **sound healing in a bottle** and made it available in a convenient aromatherapy roll-on. It is something beyond words that you simply must experience for yourself.



"Takara's **Essences of Sound** are outstanding. We've used them in large groups of people and they really seem to **assist in the frequency shifting experience**, adding even more vitality and loving energy to the consciously encoded sounds we either listen to or create."

- **Jonathan Goldman, Internationally renowned pioneer in Sound Healing**

*Jonathan Goldman and Takara holding **Holy Harmony Essence of Sound***

The Essences of Sound contain Dancing Dolphin Essences in an oil-based roll-on infused with the sacred sounds of **Jonathan Goldman**. They are enhanced with the finest quality therapeutic essential oils. The nourishing base is made of all organic coconut, jojoba, and red raspberry seed oils.

Dolphin Dreams ~ About the Music: This unique sound experience with ocean, heart beat, choral voices and dolphins is a class. Jonathan Goldman, author of Healing Sounds, has created an amazing sonic environment for birthing, meditation and deep relaxation. Used globally by meditators and health practitioners to enhance health and wellness. Vogue Magazine says: "Reduce stress without valium." Body Mind Spirit Magazine says: "What nurturing would sound like if it could be recorded." Wholelife/Earthstar said: ". . . For anyone desiring to experientially return to the womb of the Great Mother." Takara infused this same dreamy energy into the essence. You get to feel the result at even deeper levels.

Holy Harmony - The "Holy Harmony" essence is an extraordinary vibrational tool which works by itself to invoke the Christ energy and bathe one in a field of Light & Love. For a more profound process, It can be used while listening to actual "Holy Harmony" recording in order to enhance and deepen the experience created by the sacred sounds. About the music: The perfect marriage of vibrations. In Holy Harmony, Jonathan Goldman combines the sacred sounds of tuning forks of the complete healing codes of the Bible with the choral chant of YHSVH, an ancient name of the Christ. We infused those vibrations into the Dancing Dolphin Essence mixture and out came this powerful elixir. This essence is one of Jonathan's favorites!



Dolphin Dreams



The Chakra Set



Ultimate Om

Chakra Chants 7 Essence Kit - Eight years in the making. Takara and Jonathan Goldman collaborating that long to bring forth this extraordinary set. Each chakra balancing and activating essence is infused with unique crystals/gems, sound, sacred geometries and other wonderful empowering frequencies as well as its own unique aromatherapy. Fabulous beyond words. Use them individually for specific issues related to a particular energy center (chakra) or together as a powerful energy healing session at home. (Jonathan's Chakra Chants CD sold separately)

Tantra of Sound Harmonizer - This essence balances and aligns both brainwaves and chakras at the same time creating an incredible harmonious experience. TANTRA OF SOUND HARMONIZER may be the most transformational sound experience ever.

The Angel and the Goddess - About the music: The Angel & The Goddess presents two very different sonic compositions that invoke and honor Shamael and Saraswati. These are two different releases,

"Angel of Sound" and "Song of Saraswati," presented together for the first time. Both recordings are divine invocations of celestial beings of sound. Use of the essence helps you align with both the celestial and goddess energies and is in itself an invocation.

The Divine Name - About the music: In Kabbalah, the personal name of God is sacred. More than 2,300 years ago, God's name was removed from the religious texts that link over one half of the world's populations in order to safeguard its use. What would it mean if The Divine Name—the personal name of God encoded within the DNA of all life—could be reproduced with the human voice in its original form? Now you can experience the power, mystery and healing of The Divine Name, re-created through the sounds that unite, rather than the letters that divide! The power of healing and peace through The Divine Name is available once again... This historic recording features 2 tracks: The Awakening (4:15) and Harmonic Revelations (59:55) to create an extraordinary sacred, transformative listening experience. This is an extraordinary energetic essence. Just intoning the name alters everything. Takara highly recommends the book, CD, essence, and Jonathan's workshop related to this work.

The Lost Chord - About the music: This recording is both a journey through the chakras and the Kaballistic Tree of Life. "The Lost Chord" features sacred mantras, overtones and chants from the Hindu, Tibetan and Hebrew tradition, as well as psycho-acoustic frequencies and sacred ratios. Each chakra / sefira features chants to male & female deities from the Hindu and Tibetan tradition, Hebrew chants of the Angelic and God Names, Sacred Vowel Sounds, Chanted and Spoken Bija mantras and intervals related to the Fibonacci Series. Layers and layers of lush choral sonics interweave with each other, creating an astounding combination of sacred sounds from different traditions. Using this essence, one begins to experience parts of self that have been lost, forgotten, given up. It is a return to wholeness and inner peace.

The Ultimate Om - About the music: Imagine being in a temple, surrounded by hundreds of people chanting the sacred mantra "OM" in a continuous, fluid wave of sonic vibration. Now, Sound Healing Pioneer and Chant Master Jonathan Goldman has created this extraordinary Healing Soundscape for you. This recording of hundred of voices chanting "OM" is like the original sacred sound source of the universe—the sound that manifested all. It is the sound of cosmos—the resonance of the Divine. The "Ultimate OM" brings peace and harmony to those who listen. "Ultimate OM" will help create balance and alignment in everyday lives, assisting in calming and centering your mind and body. The ancient sacred and healing sounds of OM, when coupled with the new science of Psychoacoustics, will help induce a state of deep peace for the listener. Experience "Ultimate OM" and feel the difference. This essence is extremely uplifting bringing you safely and securely into higher and higher states of consciousness. A beautiful experience of elation.

<http://www.dancing-dolphin-essences.com/Sound.htm>

Custom Dancing Dolphin Essence Blends

Nothing is more powerful or beneficial than the vibration of an energy **elixir designed specifically for you** - or the group you are facilitating. Takara receives guidance from your Higher Self and Guides about exactly which energies to synergistically blend for your greatest benefit.

A custom blend typically contain between 3 and 10 unique Dancing Dolphin Energy Products made with Flower, Gem, Number, Realm, Sound, Element, Goddess, Dragon Jade, Dolphin Formula, or Location Essences all created by Takara. She alchemically enhances the blend with any other specific frequencies needed which she channels into the bottle personally. The essence then goes through the vibrational upgrade and enhancement process used for all Dancing Dolphin Energy Products.

Takara has the extraordinary ability to tune into the energetics of you, your pet, even your workshop, and then infuse those energies into a **Dancing Dolphin Essence Custom Blend** that she enhances with quality essential.

"Takara's new custom blend, called "**Being the Light**," was a wonderful binding force for our recent event around that topic. It mixed old world magic with new world wonder and imagination. **She is a genuine alchemist**, healer, and guide for those who are now infusing themselves with the power of INTENTION--focused and expressed in these **vibrant, easy-to-use mixtures**. We are excited to have her skills along for our journeys!" - **Daniel Jacob**, <http://www.reconnections.net>, <http://www.thestarchildren.com>

<http://www.dancing-dolphin-essences.com/Custom.htm>

Pendulums



Using a pendulum is a great way to **enhance communication with your own inner (higher) wisdom**. Dowsing isn't just about finding water. There are a million and one uses for dowsing and pendulums.

<http://www.absolutejoynow.com/p/pendulums.html>



Violet Heart - A very sweet little pendulum. Made of glass beads with the lightest hint of violet. Point end length .9 inch/2.3 cm, point end weight 3 g/ .11 oz., overall weight 7 g/ .25 oz.



Puffy Silver Heart Pendulum - This very fun and unique pendulum is made of hollow silver tone beads. It only looks heavy. Point end length 1.3 inch/3.3 cm, point end weight 8 g/.28 oz., overall weight 19 g/ .67 oz.



Ocean Wave - This gorgeous pendulum design is made with beautiful art glass beads. People who love the ocean will love the colors. When I developed this design, it was with a more artistic flowing person in mind. Point end length 2.1 inches/5.3 cm, point end weight 8 g / .28 oz., overall weight 25 g/.88 oz. The beautiful glass bead at the top is fairly heavy.



Tiny Clear Quartz Crystal Pendulum - A powerful multi-purpose healing stone. Point end length .9 inch/2.3 cm, point end weight 3 g/.11 oz., overall weight 6 g/ .21 oz.



Tiny Sun Stone Crystal Pendulum (specify silver or gold chain) - A beautiful stone with gold sparkles. Point end length 1 inch/2.5 cm, point end weight 4 g/.14 oz., overall weight 7 g/ .25 oz.



Mini Hemitite Heart - Hemitite is one of my favorite stones. I just love these beads with a little twist. Hemitite is a powerful stone that looks a lot like liquid metal. It is great for grounding. I personally use this style pendulum all the time. Mine sits on my desk next to my cup of tea. We only have a few spiral heart beads left and I haven't been able to find a new source for them. When the spirals are gone, we will use other silver tone heart beads for this design. Point end length 1 inch/2.5 cm, point end weight 4 g/.14 oz., overall weight 8 g/ .28 oz.



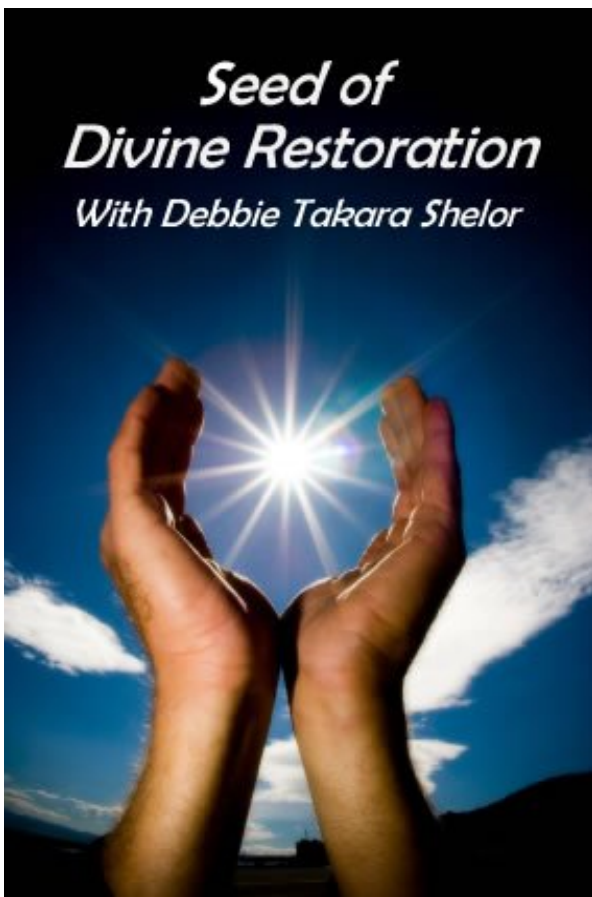
Sterling Silver Double Dolphin Crystal Point Pendulum - I LOVE this design. I used to offer it a long time ago. So many people have requested it, that we've started creating them again. Available in clear quartz, rose quartz, and amethyst. We don't stock these points, so these are all made to order with a 3 to 4 week lead time. (If you are ordering it as a gift, please do so well in advance of the date you need it.) Point end length 1.3 inch/3.3 cm, point end weight 6 g/.21 oz., overall weight 8 g/ .28 oz. These points vary in size.



Egyptian Lepidolite - I truly love Egyptian cut pendulums. This one has a lepidolite point with an amethyst ball at the top. The lepidolite point comes from Peru.



Southwest Turquoise – If you love the American Southwest, then you will love this pendulum. Reminds me of the many years I lived in Santa Fe, New Mexico.



Long Distance Energy Healing Sessions

The Seed of Divine Restoration Long Distance Energy Healing - an extremely powerful private healing session for anyone seeking radical shifts in consciousness and life. Many people like to do this process periodically - as a turbo booster. Perfect for anyone dedicated to their own spiritual evolution. A great place to start in working with Takara as your guide for personal and spiritual growth.

This Seed of Divine Restoration session is like having your own personal rocket launcher moving you rapidly and dramatically forward toward your goals and desires. A long distance energy session like no

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other . . . As you lie down, Takara connects with you energetically. She first clears/releases the disharmonious and harmful energy in your body, energy field, and home. She then literally places a tiny “sun” of energy within the very core of your being. Once placed and activated, this “seed of light” begins to radiate out into your body and energy field a very exquisite, loving, joy-filled healing energy. The positive changes begin gradually and continue to build over time. She continues to send energy – nurturing you and the seed of light – for 21 days. It continues on its own forever after that.

<http://www.dolphinempowerment.com/Long-Distance-Energy-Healing.htm>

. . . I received the **Seed of Divine Restoration** distance healing (along with the **Freeway to Freedom eBook**) . . . I found this work very powerful and have seen it create big changes. I am very pleased with the depth and immensity of the results I am seeing. Thank you for the work, and I continue to see positive changes in my life and well-being: more confidence, more vitality, more strength to walk in the world, more joy, better job, stronger finances, more at ease in my own skin, increased unwillingness to settle for less in every area.
- *Diamond Driscoll, Albuquerque, New Mexico, USA*

Takara is also available for private consultations and on-going private guidance.

The Articles Archive

Be sure to visit the Articles Archive <http://www.spiritofnature.org/articles.htm>. Takara has been writing books and articles for many years and most of them are available in the articles archive. If you want to know more about spirituality, healing the past, getting along with others, love and romance, being more healthy, energy healing and vibrational medicine, or making your life work, it's the perfect place to start.

Xooma Xtreme X20 - Get healthy. Lose Weight



Nothing could be easier. First thing in the morning, you take the tiny little sachet (tea bag), drop it in your water bottle, shake it up, and drink it. Voila, instant better health. And the beautiful thing is, it doesn't even change the taste of the water – at all! Takara drinks it first thing in the morning every single day.

Healthy bodies are alkaline – Xooma helps you do that.

Healthy bodies get lots of trace minerals – Xooma gives you 80+ trace minerals

Healthy bodies are well hydrated – Xooma helps your body absorb the water better

Healthy bodies have plenty of oxygen – Xooma helps get the oxygen into the cells

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Significantly less than coffee at your favorite coffee shop and much better for you! It is affectionately called Weight Loss Water.

Visit this link for more details about <http://www.dolphinempowerment.com/XtremeX20.htm>

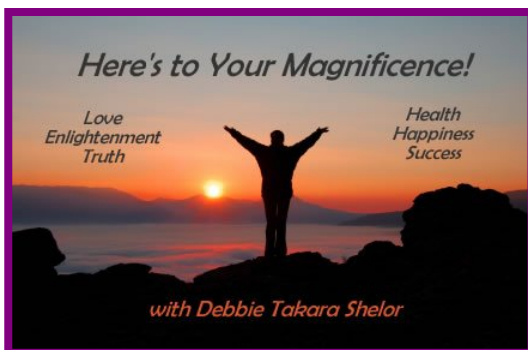
The Bio Electric Shield



Do you feel tired after working in front of a computer, shopping at the mall, or riding on a plane? Do negative people wear you out? Then you are negatively affected by disharmonious energy – electromagnetics and people. The BioElectric Shield is the best thing Takara has ever found to protect from these energies.

The first time she saw one in a magazine, Takara knew she had to have it. And that was before she read what it was for. It was one of those moments when her intuition shouted – “Do this!” The moment she put it on, it’s as though her whole body could relax for the very first time.

It helps **strengthen your energy field** and it deflects **back negativity**. Designed specifically to help protect you from all the electromagnetics you are being bombarded with every day – cell phones, fluorescent lights, computer screens, etc. It also works very well at protecting you from other people’s negativity. Takara wears hers all the time – even while she sleeps! Medically proven. Visit this link for more details about <http://www.dolphinempowerment.com/bioelectricshield.htm>.



Get 2 of Takara’s ebooks just for subscribe to her free newsletter, Here’s to Your Magnificence, from any of her websites:

www.SpiritOfNature.org

www.DolphinEmpowerment.com

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Every person is unique. The testimonials contained herein are from actual customers and represent their unique experience with our products and services. Your experience with our products and services may be different.